

FarmLens Ltd

Website: farmlens.africa | App: app.farmlens.africa | Headquarters: Nairobi, Kenya



Crop details

Mint

Mentha spicata

Family: Lamiaceae

Categories

Vegetables

Spices & Condiments

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Quick stats

Family	Lamiaceae
Typical harvest	8.0 t/ha
Varieties	1
Pests and diseases	2
Seasons	1

Crop profile

Growth habit	perennial
Days to harvest	75
Main uses	Leaves for tea, fresh garnish, medicinal and culinary uses.
Pollination	insect
Origin and where it grows	Common in irrigated herb gardens, urban kitchens, and cool highland valleys.

Weather, soil and spacing

Best temperature	14 - 24 °C
Rainfall	450 - 800 mm/yr
Altitude	800 - 2800 m
Best pH	6 - 7
Soil type	Fertile well-drained loam rich in organic matter.
Row spacing	35 cm
Plant spacing	20 cm
Planting depth	1.5 cm
Seed rate	3 kg/ha

Simple notes for farmers

About the crop: This crop is perennial; once planted it can keep producing for many years. Harvest typically starts about 75 days after planting.

Main use: Farmers mostly grow this crop for leaves for tea, fresh garnish, medicinal and culinary uses..

Pollination: Mainly insect; healthy flowers and pollinators improve fruit set.

Where it grows: Common in irrigated herb gardens, urban kitchens, and cool highland valleys.. Grouped under: Vegetables, Spices & Condiments.

Best climate: 14 - 24 °C; 450 - 800 mm/yr; up to about 2800 m a.s.l.

Soil: Best at pH 6 - 7; fertile well-drained loam rich in organic matter..

Farmer guide (Mwongozo wa Mkulima)

<u>Planting</u>	Establish Mint in a fine weed-free seedbed and keep emergence moisture steady.
<u>Transplanting</u>	Direct seed or transplant depending on production system.
<u>Irrigation</u>	Maintain even soil moisture for steady Mint growth and quality.
<u>Fertigation</u>	Use split nitrogen and potassium for market-quality Mint.
<u>Pest scouting</u>	Scout Mint weekly for chewing pests, sap suckers, and foliar diseases.
<u>Pruning and training</u>	No pruning required unless sanitation or staking is needed.
<u>Harvest</u>	Harvest Mint in the cool hours and handle gently to preserve aroma.
<u>Postharvest</u>	Cool and shade Mint promptly after harvest.

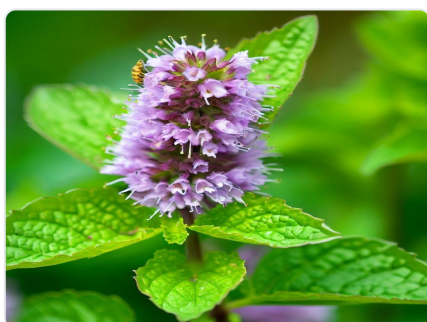
Nutrient schedule (Mbolea kwa Hatua)

#	Stage	DAP	Product	Rate	Targets (kg/ha)	Notes
1	Basal	0	NPK 17-17-17	200 kg/ha	N: 34, P ₂ O ₅ : 34, K ₂ O: 34	Basal fertilizer for Mint.
2	Topdress	21	CAN	100 kg/ha	N: 26, P ₂ O ₅ : N/A, K ₂ O: N/A	Support active Mint vegetative growth.

Nutrient requirements

Nutrient	Stage	Amount	Unit
N	Basal	35	kg/ha
P ₂ O ₅	Basal	30	kg/ha
K ₂ O	Basal	35	kg/ha
N	Topdress	25	kg/ha
K ₂ O	Topdress	20	kg/ha

Field images



Varieties

Name	Country	Maturity (days)	Traits
Spearmint	KE	75	Fresh-market aromatic herb.

Fertilizer recommendations

<u>Stage</u>	<u>Product</u>	<u>Rate</u>	<u>Notes</u>
Planting	Well-rotted manure	5000	Improve soil structure before Mint planting.
Vegetative growth	CAN	100	Split topdress for Mint production.

Pests and diseases

<u>Name</u>	<u>Type</u>	<u>Symptoms</u>	<u>Management</u>
Aphids	pest	Crowding on tender shoots and reduced growth.	Use clean fields and selective control if needed.
Powdery mildew	disease	White powdery growth on leaves.	Improve airflow and avoid overcrowding.

Yields

<u>System</u>	<u>Typical</u>	<u>Min</u>	<u>Max</u>	<u>Notes</u>
Managed fresh-market production	8	5.6	12	Typical marketable Mint yield under irrigated or well-managed conditions.

Season calendars

<u>Country</u>	<u>Region</u>	<u>Planting</u>	<u>Harvest</u>
KE	Highland Vegetable Zones	Mar-Apr or Oct-Nov	Year-round depending on irrigation

Region suitability

<u>Country</u>	<u>Region</u>	<u>Suitability</u>
KE	Highland Vegetable Zones	High

Source: **FarmLens Ltd** - farmlens.africa and app.farmlens.africa. Headquarters: Nairobi, Kenya. This guide was generated from the FarmLens database.