

FarmLens Ltd

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Crop details

Bok Choy

Brassica rapa subsp. chinensis

Family: Brassicaceae

Categories

Vegetables

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Quick stats

Family	Brassicaceae
Typical harvest	12.0 t/ha
Varieties	1
Pests and diseases	2
Seasons	1

Weather, soil and spacing

Best temperature	14 - 24 °C
Rainfall	450 - 800 mm/yr
Altitude	800 - 2800 m
Best pH	6 - 7
Soil type	Fertile well-drained loam rich in organic matter.
Row spacing	40 cm
Plant spacing	20 cm
Planting depth	1.5 cm
Seed rate	4 kg/ha

Crop profile

Growth habit	annual
Days to harvest	45
Main uses	Tender leafy Asian vegetable for fresh and stir-fry markets.
Pollination	insect
Origin and where it grows	Expanding in East African peri-urban vegetable systems and supermarkets.

Simple notes for farmers

About the crop: This crop is annual; it grows and is harvested in one season. Harvest typically starts about 45 days after planting.

Main use: Farmers mostly grow this crop for tender leafy asian vegetable for fresh and stir-fry markets..

Pollination: Mainly insect; healthy flowers and pollinators improve fruit set.

Where it grows: Expanding in East African peri-urban vegetable systems and supermarkets.. Grouped under: Vegetables.

Best climate: 14 - 24 °C; 450 - 800 mm/yr; up to about 2800 m a.s.l.

Soil: Best at pH 6 - 7; fertile well-drained loam rich in organic matter..

Farmer guide (Mwongozo wa Mkulima)

<u>Planting</u>	Establish Bok Choy in a fine weed-free seedbed and keep emergence moisture steady.
<u>Transplanting</u>	Direct seed or transplant depending on production system.
<u>Irrigation</u>	Maintain even soil moisture for steady Bok Choy growth and quality.
<u>Fertigation</u>	Use split nitrogen and potassium for market-quality Bok Choy.
<u>Pest scouting</u>	Scout Bok Choy weekly for chewing pests, sap suckers, and foliar diseases.
<u>Pruning and training</u>	No pruning required unless sanitation or staking is needed.
<u>Harvest</u>	Harvest Bok Choy at market maturity for the intended use.
<u>Postharvest</u>	Cool and shade Bok Choy promptly after harvest.

Nutrient schedule (Mbolea kwa Hatua)

#	Stage	DAP	Product	Rate	Targets (kg/ha)	Notes
1	Basal	0	NPK 17-17-17	200 kg/ha	N: 34, P ₂ O ₅ : 34, K ₂ O: 34	Basal fertilizer for Bok Choy.
2	Topdress	21	CAN	100 kg/ha	N: 26, P ₂ O ₅ : N/A, K ₂ O: N/A	Support active Bok Choy vegetative growth.

Nutrient requirements

Nutrient	Stage	Amount	Unit
N	Basal	35	kg/ha
P ₂ O ₅	Basal	30	kg/ha
K ₂ O	Basal	35	kg/ha
N	Topdress	25	kg/ha
K ₂ O	Topdress	20	kg/ha

Field images



Varieties

Name	Country	Maturity (days)	Traits
Shanghai Green	KE	45	Fast-maturing leafy type with crisp stems.

Fertilizer recommendations

<u>Stage</u>	<u>Product</u>	<u>Rate</u>	<u>Notes</u>
Planting	Well-rotted manure	5000	Improve soil structure before Bok Choy planting.
Vegetative growth	CAN	100	Split topdress for Bok Choy production.

Pests and diseases

<u>Name</u>	<u>Type</u>	<u>Symptoms</u>	<u>Management</u>
Aphids	pest	Leaf curling and sticky honeydew.	Scout frequently and use selective control when pressure builds.
Leaf spot complex	disease	Necrotic spotting and reduced leaf quality.	Improve airflow, rotate crops, and avoid prolonged leaf wetness.

Yields

<u>System</u>	<u>Typical</u>	<u>Min</u>	<u>Max</u>	<u>Notes</u>
Managed fresh-market production	12	8.4	18	Typical marketable Bok Choy yield under irrigated or well-managed conditions.

Season calendars

<u>Country</u>	<u>Region</u>	<u>Planting</u>	<u>Harvest</u>
KE	Highland Vegetable Zones	Mar-Apr or Oct-Nov	Year-round depending on irrigation

Region suitability

<u>Country</u>	<u>Region</u>	<u>Suitability</u>
KE	Highland Vegetable Zones	High

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